

*Betrays and guilty-feelings in the
transgenerational history of women.*

Workshop of Jungian Psychodrama^{*19}

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Summary. *How do we move beyond the feelings of betrayal in repeating female patterns that have been handed down from the mother to the daughter without incurring too much loneliness and feelings of inadequacy? The “guilty-feeling” (Druetta, 2001) results because the woman who has been submissive by others’ expectations is now planning an independent life style and because of the betrayal of “history of women” (Druetta, 2011; Hillman, 1983; Schtzenberger, 2006), she feels guilty. During the psychodrama (Gasca, 2012) workshop, we propose a trans-generational approach (Druetta, 2011) that will enable participants to free themselves from the image of the omnipotent Big Mother in order to “meet” a true mother as she truly is and love her in a different way, without the negative influence of guilty-feelings in order to discover new ways of relating. The coming out from dependence that exposes woman to sexual, emotional and reflective violence is an indefeasible right for the still obscured female world (Barducci, 2006; Valcarengi, 2003;).*

Key words: *Jungian psychodrama, transgenerational violence*

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19 (Jung, C. G., 1957-58)

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