Normative sexuality as a violence factor

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Summary. Any social organization sets standards of behavior, religion, law and, more recently, medical science may be read as the main regulatory mechanisms, both of the hegemonic as well as of what moves away from it. The categories that have been built around human behavior lead inevitably to reading reality in a limited manner: on the one hand, we read only what is possible and, on the other, we build this reality from what we read. Human behaviors result from this dual process (Adorno et al., 1950) (especially affective-sexual behaviors) that we find categorized under "sexual and gender identity disorders" in the DSM-IV, or under "treatment of personality and behavior disorder", on ICD10. We must be very attentive to those categories being aware of the effects of health ethics in health itself because, in Adorno’s words, if an ethical norm ignores the existing social conditions which are also the conditions under which any ethics might be appropriate, that ethos runs the risk of becoming violent. In this workshop, we present ways of thinking about what makes a bad feeling (sometimes pain) because of our wishes, emotions or behavior when they do not accomplish the normative sexual life. We will work through sociodrama, sociometry, and with the antagonist, if wished.

Key words: Sexuality, violence, psychodrama

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