Monograph Issue:

Gender-based Violence And Family Violence: The State of Art in Research and Intervention

edited by:

Ines Testoni (University of Padova)

Michael Wieser (University of Klagenfurt)

Gabriela Moita (Inst. Sup. de Serviço Social, University of Porto)

Gabriela Dima (Spiru Haret University Brasov)

Foreword

The state of the art in research and intervention against gender based violence

Ines Testoni*

This is the first number of the new international edition of the *Rivista di Studi familiari*, now bearing the title *Interdisciplinary Journal of Family Studies*. This is a monographic number focused on the issue of gender based violence, in particular on the phenomenon of intrafamilial violence against women.

The problem of gender violence characterizes the whole human history and still exists in every Country in the world. Violence against women, which is one of the main obstacles in achieving gender equality and a pervasive violation of human rights, is both universal and particular: it is universal as gender violence is prevalent in every culture and it is particular because it appears in specific forms in various contexts, from workplace to family, taking many different expressions, which include physical, sexual, psychological and emotional violence.

Gender violence inhibits women from enjoying their fundamental freedoms, such as the right to life, education and security, in the respect of a range of opportunities varying from the highest standard in physical and mental health to the employment and the free participation in public life.

The universal violence against woman is related to lasting historical and cultural frames, but first of all it results from relational inequalities influenced by both psychological dimensions of individuals and social

^{*} Associate Professor, Department of Philosophy, Sociology, Education & Applied Psychology (FISPPA), Section of Applied Psychology, University of Padua (Italy), via Venezia 8, 35131, Padova (Italia), ines.testoni@unipd.it, telephone +39 049.827.6646, fax 049.827.4719.

interactions, between which familial factors are hanging. Female homicides and infanticide, genital mutilations, trafficking, forced prostitution, reification, serfdom and slavery are definitely the most evident situations where female condition is severely humiliated and dehumanized, but there is also a more common and most widespread form of violence: the domestic one, which is a specific form of intrafamilial violence appearing as a pattern of behavior usually repeated. It regards violent acts, including a series of sexual, psychological and physical ones coercively used in family against female components. The women who suffer from this kind of cruelty reported symptoms of post-traumatic stress disorders, related to severe effects of physical and psychological sufferance. Furthermore, the biopsychosocial consequences of this thick trouble present a high cost to the society: exponential growth of hospitalization, of medical and psychological interventions, of paid absences from job, consequent children difficulties: everything caused by the dramatic condition of the victims.

On April 7, 2011 the Council of Europe adopted the Convention on Preventing and Combating Violence against women and domestic violence, which is internationally binding legal instrument to prevent violence and protect victims. Its framework defines and criminalizes new forms of violence, such as forced marriages, genital mutilation, forced abortions and sterilization, stalking, physical, psychological and sexual violence. It is focused on the abolishment of female discrimination as well as harmful traditional practices in their regard, and promotes the access to information about women's rights, not considering domestic violence as a private matter but as a social crime. This policy recognizes and affirms the importance of concerted action by governments and international organizations to implement and coordinate policies fighting against gender violence in any public and private context.

The idea that gender based violence is a fundamental problem for the democracy requires the adoption of a global strategy to contrast it systematically. Unfortunately, the willingness has not increased overall and, despite violence against women has become recognized as a grave violation of human rights and a significant threat to women's health and her well being, domestic violence is still rarely recognized as criminal behavior and it is generally considered as a private problem all over the world. In particular, in the last twenty years, Europe is still far from becoming a "zone of zero tolerance" in terms of political, legal and cultural awareness.

In this volume many issues inherent to this problem are discussed. In the first article titled "Research on violence against women. A sociological perspective", Angela Maria Toffanin reviews some approaches to the study of gender violence from a sociological point of view. The review is a partial, diachronic reconstruction of the international debate since the 1970s. The theoretical perspective of this review aims to consider symbolic violence in its analysis of gender violence.

In the second paper "Violence Against Women. Assumptions for a Model of Care for women victims of violence: the 'task force' ", Anna Coluccia, Lore Lorenzi, and Monica Bianchi consider the phenomenon as a social emergency because of the severity of its consequences on the psychological and physical integrity of victims, and discuss about the Task Force of Grosseto's Local Health Authority.

In the third contribution "Trasformative Mediation in forced marriage cases", Daniela Danna and Piera Cavenaghi aim at fostering a dialogue among different experiences and positions in regard to the use of mediators in cases of forced marriage. A particular methodology, cross cultural transformative mediation (rather close to victim advocacy), is explained and proponents and opponents of mediation are put into a fictive dialogue.

In the fourth article "Violence against women? What do the men have to say? A prevention project addressing adolescents in the Milan territory on the theme of violence against men", Cesare Picco, Chiara Caravà, and Margherita Ferrario present the result of a series of interventions carried on with high school students. The main goal of the research, which operates applying the Life Skill Training Method, is to prevent violence against women among the students.

In the fifth paper titled "Women and domestic violence in the professional experience of Italian General Practitioner (IGP)", Caterina Arcidiacono, Immacolata Di Napoli, Filomena Tuccillo, and Filomena Coronella consider a number of studies which have investigated the roots of the destructive power acting within the couple and the family and investigate how Italian general practitioners deal with this issue within their professional practice. A snowball sample of 268 participants has been taken, in order to collect their opinions and beliefs concerning the victim, the aggressor and the violent couple relationship.

In the sixth article titled "Narrowed family spaces: interlocking couples in intimate partner violence", Alessandra Salerno, Maria Luisa Bonura and Angela Maria Di Vita, starting from a presentation of the phenomenon of intimate partner violence and of its various possible forms, present an overview of the most recent theoretical contributions on the topic, the dynamics of abuse in the couple and the main psychodynamic aspects that explain the possible manifestations and peculiarities of the effects of violence, both from the point of view of the abuser and the victim.

In the seventh paper "The intergenerational transmission of domestic violence: an analysis of data from the Italian "Women safety Survey", Isabella Corazziari and Roberta Barletta analyse some risk factors of domestic violence against women, in particular the experience of abuses directly suffered or witnessed by the women or their partners during their respective childhood.

In the eighth article "Classic psychodrama as support in women suffering from violence in Albania and in Bulgaria", Maria Silvia Guglielmin, Nicoletta Gola, Basilicò, Gorinova, and Nikolova discuss the experiences of psycho drama therapeutic interventions that are part of the Daphne Empower Project and carried out in Albania and Bulgaria, considering the feedback from actor-therapists which includes a series of reflections on the psycho drama method and on the importance of creating a safe and comfortable work environment that can become a "container" for women that have been victims of violence.

In the ninth paper "The phenomenon of domestic violence in Romania: a prevention and intervention program", Mihaela Bucuta, Gabriela Dima, Zoltani Katalin, and Antal Dalma Delia introduce and discuss the phenomenon of domestic violence and the development of social policy and services in Romania, in its transition from a former communist country (before 1989) to an actual European member (since 2007). The Authors also introduce one of the pioneering projects for Preventing and Combating Domestic Violence, developed within the organization "Home of Hope".

In the tenth article "The intervention of UMAR in the area of violence against women", Maria José Magalhães, Ilda Afonso, Lídia Ruiz, Isabel Monteiro, Vanessa Ribeiro, and Liliana Ribeiro discuss how the fight against gender based violence has been growing in Portugal in the last years. Nevertheless the problem is still grave and the prevalence data regarding this kind of violence are still worrying, the Authors show the important strategies and the political engagement activated in this Country and their progressive success.

In the eleventh paper "Teen dating violence: the need for early prevention", Elisa Guidi, Giulia Magnatta, and Patrizia Meringolo consider the problem of teen dating violence which is a common experience with severe consequences for the psychological and physical health of those affected. The purpose of this paper is to review current empirical studies and reviews about this issue and to evaluate the need of developing programs designed to prevent violence. The Authors illustrates how the majority of prevention programs have shown positive short-term effects in terms of knowledge, attitudes, and beliefs and how future research should assess longer-term follow-up to determine the strong effects of the prevention programs in behavior changes

In the twelfth paper "The treatment of women victims of violence in Austria. A snapshot of a challenging mission", Miriam Hendel, Ursula Luschnig, and Michael Wieser meant to provide a brief insight into the situation of gender violence and the treatment of victims in Austria. After a basic presentation of the statistical extent of violence in the Country and the relevance of the topic, the Authors examine the various support providers for victims, focusing on the aid organization "Caritas".

In the last article "Daphne European Research Project: Italian Validation of Hypothesis Model (BDI-II, CORE-OM and SAI-R)", Ines Testoni, Alessandra Armenti, Lucia Ronconi, Paolo Cottone, Michael Wieser, and Sibylla Verdi present Empower Daphne project, which is a "research-

intervention in real world" focused on the problem of gender-based violence, particularly within the family and the mother-daughter relationship. The goal, inherent to the investigation, the intervention and the change of the condition of subordination of women, is pursued through psychodramatic strategies. In this article the theoretical model and the validation of the assessment instruments in an Italian non clinical sample are discussed.

The Authors

Angela Maria Toffanin is a Ph.D. student in Social Science at the Department of Philosophy, Sociology, Pedagogy, Applied Psychology (FISPPA), University of Padova, Italy. Her Ph.D. deals with Violence Against Women and Recognition in migration context. Her research interests focus on migration studies, gender studies, and communication studies.

Bucuta Mihaela Dana, Ph.D., is lecturer at Lucian Blaga University Sibiu, and teaches Clinical Psychology and Psychotherapy. She is also a clinical psychologist, trainer and supervisor for psychodrama psychotherapy and a member of the Romanian Association of Classical Psychodrama since 2000 and trainer since 2003. Areas of interest are: research (qualitative research methods, research ethics), improvement of therapeutical change, depression, human behaviour and development.

Dima Gabriela is a Psychology lecturer at Spiru Haret University, Brasov and collaborates with Transylvania University, Brasov, and is responsable for the course on `Abuse and domestic violence`. He has a PhD in social work from Queen's University Belfast/UK and is a Psychotherapist and psychodrama trainer. His areas of interest include: research in social sciences, methods for therapeutical change and self-development and young people leaving care.

Zoltani Katalin coordinator for the program of Prevention of domestic violence at the Home of Hope Reformed Christian Center, and Esther Crisis Shelter collaborator. Social worker at the Social Science Faculty of the Transylvania University, Brasov. Extensive training in family and play therapy. Vice president of the Oikosnet Ecumenical Association of Academies and Laity Centers in Europe.

Antal Dalma Delia psychologist (psychotherapist and clinical psychologist) at the Home of Hope Reformed Christian Center, center for Prevention of

Domestic Violence and collaborator at the Esther Crisis Shelter in Brasov. Active in the field of domestic violence since 2004. Psychodrama Institut Fur Europa (PIFE) accredited psychodrama psychotherapist, trained also in systemic family therapy and ericsonian hypnotherapy. Active in private practice, somatic issues in therapy, training groups, therapeutical groups, interest in social change, ecological relations and philosophy.

Cesare Picco is a teaching assistant of Social Psychology at the Department of Psychology, University of Milano Bicocca. He also cooperates with the ONG "Ala Milano Onlus": He has planned and carried out several prevention projects involving adolescents on the theme of violence against women, equality-in relationships and on different aspects of prevention among teenagers.

Chiara Caravà is a psychologist cooperating with the ONG "Ala Milano Onlus": She has planned and carried out several prevention projects addressed to adolescents and focused on specific issues such as violence against women, drug use, health promotion. Her interests mainly focus on Gender Studies, with a specific reference to transexualism and prostitution. She works in social inclusion projects involving these target groups.

Margherita Ferrario is a psychologist cooperating with the ONG "Ala Milano Onlus". She works in schools and mainly focuses on health promotion and different aspects of prevention among teenagers (drug use, violence against women and school drop-out). She has planned and carried out several prevention projects addressed to adolescents.

Maria José Magalhães Assistant Professor at the Faculty of Psychology and Sciences of Education, at the University of Porto. Completed the doctorate in Education in 2005 with a thesis on "Women, space and change: The thinking and doing in the education of new generations." Her research fields focus on gender violence, social movements, action-research in education and feminism. Currently she is the President of UMAR.

Ilda Maria Rodrigues Afonso Technical director of PRATI – Women's Centre for Victims of Violence in Porto, of UMAR.-She has been involved in the Management, administration and technical direction of the center since 2008. Post-graduate in Education Sciences, specialized in Communication, Language and Intercultural Education at the FPCEUP (Faculty of Psychology and Educational Sciences, University of Porto, 2002). Graduate in Business Sciences at ISCET.

Lidia Ruiz Navarida social worker for the Daphne European Project: *Empower 2011-2013* in P'RATI (Service Center for Women Victims of Violence) of UMAR Association..Information tech and care Service provider for women in the City Hall of Barcelona from 2005 to 2010. Degree in social work from the University of Social Service of Logronyo (Spain) Master's degree in interdisciplinary studies of gender violence at the University of Barcelona. Postgraduate in Policies for social inclusion.

Isabel Maria de Andrade Monteiro social worker for the Daphne European Project: *Empower 2011-2013* in P'RATI (Service Center for Women Victims of Violence) of UMAR Association. Degree in Social work from the ISSSP-Superior Institute of Social Service of Porto in 2009. Trainer with CAP-certified pedagogical aptitude trainer. & holder of a" Pedagogical Instructor Certificate".

Vanessa Ribeiro Psychologist at P'RATI, Service Center for Women Victims of Violence of UMAR Association since 2009. Master in Psychology of Deviant Behavior from the Justice Faculty of Psychology and Educational Sciences, University of Porto. Postgraduate in Medical-Legal Faculty of Medicine, University of Porto. Postgraduate in Psychogeriatric studies, Institute of Psycho CRIAP - Advanced Training in Psychology.

Liliana Ribeiro Psychologist. Local coordinator of the Daphne European Project: *Empower 2011-2013*. Member of the Portuguese Psychodrama Society. Post graduate in Crisis Intervention and in Socio cultural Animation and Mediation.

Ursula Luschnig, head of the branch office of life counselling center of Carinthia Caritas at Kolpinggasse in Klagenfurt. Special interest: Divorce/Separation counselling, legal advice, accompanying visits, family counselling, couple counselling and partner school.

Miriam Hendel is a German/Canadian psychology student at the Alpen-Adria-University of Klagenfurt. Currently she is writing her diploma thesis in the psychodrama field and is participating, as an auxiliary ego, in one of the psychodrama groups for women victims of violence within the EMPoWER project.

Michael Wieser is a Psychologist and psychotherapist. Works at the Department of Clinical Psychology, at Alpen – Adria – Universitaet Klagenfurt, Austria.

Lore Lorenzi is a lawyer and a Specialist in Clinical Criminology currently conducting research studies at the Interdepartmental Centre for Criminology and Social Research of the University of Siena, as well as a lecturer and researcher on issues such as domestic violence, abuse against children and migration.

Anna Coluccia is a Lawyer Specializing in Clinical Criminology and is a Professor of Criminology and Social Defense at the Faculty of Medicine of the University of Siena, as well as the Director of the Interdepartmental Centre for Criminology and Social Research. She is the author of many publications on topics such as domestic violence, violence against children, juvenile delinquency, urban security and immigration.

Monica Bianchi has a degree in Psychology and a specialization in Criminology and Clinical Psychology. She works at the Department of Human Pathology and Oncology Section of Criminology, at University of Siena. She has been working with the anti-violence Center of Grosseto and provides psychological support for abused women as well as monitoring counseling services since 2004. She is also a lecturer for training courses in domestic violence and collaborates on projects about violence against women for students in Grosseto.

Elisa Guidi is a trainee at the Department of Sexology, Université du Québec à Montréal. She was trainee at the Department of Psychology, University of Florence. Her current research focuses on the following topics: lifestyles and health promotion, risky sexual behaviour in youth, interpersonal violence, and abuse.

Giulia Magnatta is a trainee at the Department of Sexology, Université du Québec à Montréal. Current main research interests include: youths risk behaviour, cooperation and competition in adolescents, and interpersonal violence.

Patrizia Meringolo is a Psychologist, Full Professor of Psychology of Groups and Community and of Psychology of Social Empowerment in the Faculty of Psychology, at the University of Florence. Her research in recent years has focused on lifestyle and health promotion, risky behaviour in youths, substance use, gender differences and psychosocial aspects related to migration.

Daniela Danna, PhD, works at the Department of Social and Political

Sciences, Università Statale di Milano. Her research has been focused on gender issues, lesbian and gay issues, violence against women prostitution policy and population theories. Web page: www.danieladanna.it, www.xxdonne.net

- **Piera Cavenaghi,** PhD in "Civilization, Society and Economy of the Indian Subcontinent" at the University of Rome "La Sapienza", is currently performing her doctoral research at the University of Udine on "Migration and Honour in the Indian and Pakistani Communities of Brescia".
- **Roberta Barletta**, psychologist, Ph.D. in Juridical Psychology; she has worked at Censis as researcher in the area of "Welfare and Social Policy"; and since 2002 is a researcher at Istat, Department of "Criminality, violence against women and justice".
- **Isabella Corazziari**, statistician, Ph.D. in Computational Statistics and Applications; worked as a researcher at the National Health Institute in epidemiological studies. Since 2002 she has been a researcher at Istat, Department of "Criminality, violence against women and justice".
- **Alessandra Salerno** is a systemic psychotherapist, associate professor of Dynamic Psychology at the University of Palermo where she teaches Theory and techniques of family and couple dynamics. She is also a teacher at the Academy of Psychotherapy with the Family of Rome, at the Palermo branch
- **Maria Luisa Bonura** is a clinical psychologist, she works in the field of social support for women victims of violence. Since 2010, she provides her psychology counseling services for the National support Number for women that have been victims of gender based violence.
- **Angela Maria Di Vita** is a retired full professor of Dynamic Psychology at the University of Palermo. She is a teacher at the Institute of Group Psychoanalysis of Palermo and member of the teacher's college of PhD "Societies, cultures, territory" at the University of Genova.
- **Caterina Arcidiacono** Prof. of community psychology at the Federico II University, Naples., psychologist, Analytical Psychologist member of IAAP and President of ECPA (European Community Psychology Association).

Immacolata Di Napoli Phd, Prof. of community psychology at the Federico II, University of Naples., psychologist &, psychotherapist.

Filomena Coronella Phd, Psychologist, Professor of community psychology at the Federico II, University of Naples.

Nicoletta Gola, Psychologist, Psychotherapist, Psycho dramatist, Trainer, she works in Treviso (Italy).

Luciana Basilicò, Psychologist, Active Methods Group Consultant, Art Theatre Trainer and auxiliary Psychodrama Professional, she works in Pordenone (Italy).

Teodora Nikolova. psychologist and psycho dramatist.

Maria Gorinova, speech and language therapist, psychodrama psychotherapist, coordinator of Playback theatre Orpheus. Phd. student and part time assistant at the Sofia University. She works at the Clinic of Child and Adolescent Psychiatry, Sofia, Bulgaria. Member of Bulgarian Association of Child and Adolescent Psychiatry and Allied Professions (BACAPAP), Executive Board Member of Music Therapy Association, Member of Bulgarian Psychodrama Association, Member of the Bulgarian Speech and Language Association. Psychodramatist in the Empower-Daphne Project, Bulgarian partnert

Ines Testoni. Associate Professor, Department of Philosophy, Sociology, Education & Applied Psychology (FISPPA), Section of Applied Psychology, University of Padua (Italy). Professor of "Social Psychology", "Psychology of group relationships" and "Psychology of death and dying" in the Faculty of Psychology, Education Sciences at the University of Padua. Professor of Local Development in the International Network of Coimbra Universities, Director of the Master program "Death studies and the end of life" and of the Master program "Against the mafia". Head of many international research projects, in particular: Daphne Empower,(EU) European Grundwig, and Brazilian research on Emigration & Saudade.

Alessandra Armenti. phd Candidate in Social and Personality Psychology, Department of Philosophy, Sociology, Education & Applied Psychology (FISPPA), Section of Applied Psychology, University of Padua (Italy).

She is a teaching assistant for the course Interculture and she also teaches advanced courses in the field of qualitative methodology, such as audio-

video transcription software (TransAna) at the Department of Philosophy, Sociology, Education & Applied Psychology (FISPPA), Section of Applied Psychology, University of Padua.

Lucia Ronconi. Statistical Consultant and Analyst at the University of Padua (Italy). Teaches both beginner and advanced courses, in statistical packages in the Faculty of Psychology at the University of Padua. Member of the research team "Thanatology, psychology and anthropology of death" in the Department of Applied Psychology, University of Padua, directed of Ines Testoni.

Paolo Cottone. Assistant Professor, Department of Philosophy, Sociology, Education & Applied Psychology (FISPPA), Section of Applied Psychology, University of Padua (Italy). Director of the Interaction & Culture laboratory. He teaches courses in Social Psychology and Community Psychology in the Faculty of Psychology and the Faculty of Education of Padua and is a member of the Doctoral Committee of the Ph.D. School in Social Sciences (Interactions, Communication and Cultural Constructions) at the Department of Sociology at the University of Padua.

Maria Silvia Guglielmin Coordinator, Empower Daphne, Department of Philosophy, Sociology, Education & Applied Psychology (FISPPA), University of Padua (Italy). Psychologist, Psycho terapist, Director of the Psychodrama Theatre in Treviso, Teacher, at the school of classical psychodrama of Giovanni Boria.

Sibylla Verdi Editorial & Research Consultant, Department of Philosophy, Sociology, Education & Applied Psychology (FISPPA), Section of Applied Psychology, University of Padua (Italy). Editorial & Social Psychology Consultant for Daphne Empower (EU) program. Psychology graduate from the University of British Columbia, Canada.